

## DUAL CAREER | ALL IN ONE PROGRAM

European School of Sports is the **first high performance multi-sport institution in Europe to promote the Dual Career** model, combining sport and education like no other in the market. We offer a tailor-made service for young athletes who seek to enhance their talent in sports and give continuity to their academic training, preparing them for the future and therefore maximizing their job opportunities.

Inspired by the American university model, we have gone further by developing a fully customized program. Thanks to our partnerships with the best Players in the spanish sports industry, we are able to offer additional services of the highest quality and a 360° support to the athlete, positioning us as a **top-quality sports and academic solution** for athletes in Europe.



### ESS SPORTS PROGRAMMES

- ESS Football Programme
  - ESS Basketball Programme
  - ESS Tennis Programme
  - ESS Padel Programme
  - ESS Golf Programme
  - ESS Volleyball Programme
- ⊕ More



### HIGH SPORTS PERFORMANCE

- Top quality reference facilities at **Golf Santander & Sports**
- Sports Directors: scheduling and sports planning
- Talent Management & Development: planning of season objectives
- Elite technical staff
- Physical preparation adapted to each sport
- Coaching & Sports psychology
- Nutritional and Good Habits personalized plans
- Competition management: scheduling, logistics and goal setting
- Physiotherapy services, recovery routines and performance testing



### PERSONAL AND CULTURAL DEVELOPMENT

- Team of tutors and mentors
- Accommodation in residences adapted to athletes
- Management of visas, homologations and administrative processes
- Sports and professional mentoring with experts in the industry
- Communication and Personal Brand Development support
- Advice on seeking and obtaining scholarships
- Advice on marketing, licensing and merchandising agreements
- Advice on contracts and negotiations
- Madrid: 300 days of sunshine a year, security and quality of life



**Alejandro Aguilera**  
Pro Golfer &  
ESS Athlete

## SPORTS PARTNERS



Javier Beirán



Víctor Cea



Hermanos del  
Carmen



Clínica Hontoria



Golf Santander  
& Sports



**PINDOWN**

Pindown



RX2 Sports &  
Health Center



Federación  
Tenis Madrid